

Milestones

a publication of CarePartners Foundation

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Brady Blackburn Wants You to Know More About CarePartners

If you're thinking about donating to CarePartners Foundation, Brady Blackburn wants you to go ahead and do it. "Sooner or later," says Brady, "you're going to be impacted by what we've got here. You'll want to make sure it's there for you." And once you've made your donation, Brady wants you to go ahead and tell your family and friends about CarePartners.

Brady, CarePartners Foundation's Board chair, says, "When people get in trouble and they don't know where to turn, we're available for so many things." Brady points to CarePartners' extensive range of services including rehabilitation, home health, adult care, and hospice. He reminds people that CarePartners Foundation's Hospice Thrift Store and Estate Sales Services can be an important resource when you're downsizing or taking care of a loved one's estate. "I wish people knew about all the services and how vital they are to the community," says Brady.

Brady and his wife Bobbie, a high school teacher, came to Asheville in 1971. Brady was selling accounting machines at the time, but when his company said he was going to be transferred to Detroit, he decided to change careers so he could stay in Asheville. He started a job with Asheville Savings Bank, and enjoyed over 22 years there as a loan officer.

Brady and Bobbie raised their three children in Asheville, and

Brady has been an active member of the community. He has participated in little league coaching, as a Boy Scout leader, and served with organizations such as the Asheville Downtown Commission, Board of Realtors, and United Way.

Brady first got involved with CarePartners through Hospice. He joined the Hospice Board in the mid 1990's to help with fundraising, and later joined the CarePartners Foundation and CarePartners Health Services Boards.

Now in retirement, Brady has stopped serving on so many boards, but continues with CarePartners, where he devotes many hours of service. What keeps him active with CarePartners? "I want to stay involved for Hospice," he says. His father-in-law and many friends have gone through Hospice care, and he feels it is "so absolutely necessary for the community."

In addition to serving on the CarePartners Foundation and CarePartners Health Services Boards, Brady enjoys playing golf, spending time with his friends, and traveling. He sums up his time in Asheville and his career as a loan officer by saying it included "a lot of friends, a lot of fun, a lot of lending."



Brady Blackburn, CarePartners Foundation Board Chair

Enter our contest!

Brady Blackburn thinks you might be surprised to learn all the services CarePartners and CarePartners Foundation provide. **Can you name 20 things?** Feel free to do some research at www.carepartners.org and www.carepartnersfoundation.org.

Email us at foundation@carepartners.org or call us during business hours at 828-277-4815 and tell us your list of 20 services CarePartners offers. **Respond by April 10 and we'll send you a free gift!** (CarePartners and CarePartners Foundation employees are not eligible for the contest.)



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Linda Frankl: One of Our Many Cherished Volunteers

“People say oh, you’re an angel, and I’m really not. I don’t wear a halo. There’s no Saint Linda,” says Linda Frankl, who spends up to 24 hours a week volunteering for CarePartners. “Anybody can do this,” she continues. “You just have to want to do it and let yourself do it.”

Inspired both by her mother’s hospice experience at the end of her life and by her mother’s own volunteering during her lifetime, Linda began volunteering with CarePartners Hospice in 2008. She visits patients mostly in nursing homes, and says “you’re definitely a part of the care team, and the training is amazing.”

Linda also volunteers with CarePartners Adult Day and with CarePartners Foundation Estate Sales Services. “In all three things I do for CarePartners, I feel like I’m part of a good support system for patients and families.” Linda says in Adult Day and Hospice, “often the less I do the better. I can just sit and be there with people.”

Linda spends most of her volunteer hours at CarePartners Foundation Estate Sales Services, packing up houses for clients and getting ready for sales. Estate Sales usually works with people who are downsizing or taking care of an estate after someone has died. Linda says working in Estate Sales is an important way to support people who are going through emotional circumstances. It can be hard for people to watch their homes or their loved ones’ homes get packed up, and volunteers need to be sensitive to this. “We get attached to the people sometimes, or we find ourselves wondering about them, especially if they’ve died. We’re handling every bit of their lives and sometimes we wish we could just get to know them. We’re definitely involved in a



Linda Frankl, CarePartners Volunteer

major change in their lives.”

When she’s not volunteering for CarePartners, Linda also volunteers with MANNA FoodBank and Meals on Wheels. Volunteering is a huge part of her life, and a legacy she hopes she has passed on to her two college-age children. “I hope it’s somewhere deep inside them, and someday they’ll do the same thing.”

Linda has a varied life outside of volunteering as well. She is known as dependable, loyal, organized, solid and an animal lover. With five cats and one dog, she spends a lot of time sweeping up animal hair, but she also finds time to hike, go to the Y, do yoga, and bake. Surprisingly to some, she’s also a huge NASCAR fan. “I’m a vegetarian who wears Birkenstocks, listens to classical music, and goes to NASCAR races,” she says with a smile.

Linda hopes other people will take up volunteering for CarePartners. “Anybody can volunteer if they have a little time, just a few hours a week. Volunteers are really cherished here in a big way.”

For more information about volunteering for CarePartners, contact Sharon Pearson, Volunteer Services Manager, at spearson@carepartners.org or 828-277-4888.

Close to Home

Caring for a beloved mother, her family and her lifelong treasures

You don't have to venture far from your birthplace to have a remarkable life. Just ask anyone who knew Virginia Hyde.

Born in the Oakley neighborhood of Asheville, NC, Virginia was part of her community and it was part of her. Her daughter, Anne Wood, says she was a generous person who "would give you the shirt off her back if you needed it." She also had a great memory and told engaging stories steeped in local history. She was especially knowledgeable about the Biltmore area and was a member of the Buncombe County Genealogical Society. Always active with her family, she also worked at Winn Dixie until she was 80 and was a teacher at Biltmore Baptist Church.

Virginia is also described by her daughter as very independent. Her children had moved away from Buncombe County and she lived on her own until the last week of her life. That last week was spent at CarePartners Hospice's John F. Keever, Jr. Solace Center, just a few miles from her birthplace. Anne says "she received wonderful care. The family could come and go and never felt like we were in the way." Virginia had been a supporter of CarePartners Hospice and Anne thinks her mother would have approved of the care they all received.

After Virginia's passing, Anne and her brother Don faced the challenge of selling her home and dealing with an estate that included many more things than they and their families needed. She learned about CarePartners Foundation Estate Sales at the Solace Center and enlisted their services. Afterward, she wrote a note about her experience:

"The family all lived away from Asheville, NC and CarePartners



A supporter of CarePartners Hospice during her lifetime, Virginia Hyde and her family were supported by CarePartners at the end of her life.

Foundation came to our rescue in helping liquidate items in her home. She had been a patient at the wonderful John F. Keever, Jr. Solace Center and it seemed fitting for CarePartners to be a recipient of items that the family could not use. Fortunately, with the program CarePartners has set up, they were able to utilize everything from the clothes donated to the Hospice Thrift Store to the household items sold in Estate Sales. Brent Wyatt came to the house and explained the services they offered. From that point on, we knew that our mom would have been pleased knowing that someone else would benefit from her lifelong treasures."

To learn more about CarePartners Hospice Services, visit carepartners.org or call 828-277-4800. For more information about Estate Sales Services and the Hospice Thrift Store visit carepartnersfoundation.org or call 828-575-2509.

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Financial information about CarePartners Foundation is available upon request. If you wish to be removed from our mailing list, please contact us.



Thank You For Making CarePartners Hospice Part of Your Holidays

Perhaps you donated for a Memorial Ornament or purchased a hand-turned wood ornament. Maybe you wrapped gifts or let our volunteers wrap some for you. Your child's class may have decorated miniature trees for CarePartners patients. No matter how you participated in Holidays for Hospice, we thank you for helping us spread some cheer and raise nearly \$86,000 to support the work of CarePartners Hospice.

We're planning for the 2014 holiday season and we hope to be part of your holidays again!



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To speak with someone about CarePartners Health Services, including Rehabilitation, Home Health, Adult Care and Hospice, please call 828-277-4800.

Volunteer Services Manager:
828-277-4888

Hospice Volunteer Manager:
828-274-9567 ext. 8344

Hospice Thrift Store:
828-274-8206

Estate Sales: 828-575-2509 or
828-277-6840

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Summer Events Benefiting CarePartners

Golfing for Hospice

The 4th Annual CarePartners Foundation Golf Tournament benefiting CarePartners Hospice Services is coming in August. Thanks to a great group of volunteers, the tournament gets bigger and better every year.

Contact us at 828-277-4815 to sponsor or participate.

Art With Heart Sale

September 4, 5 and 6
Broadway Arts Building, Downtown Asheville

Shop a selection of pieces by local artists and from local estates. Proceeds support post-acute care provided by CarePartners.

Subscribe to our e-newsletter to have updates sent to your inbox. Visit carepartnersfoundation.org and click on "E-news Sign-up".