

Milestones

a publication of CarePartners Foundation



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Paula's Story: Love, Encouragement, and Cobbler

Over the years, Paula Gaddis learned many things from her mother, Bella Sutton. How to love, how to encourage, and how to make a good strawberry cobbler. During the past several years, Bella's health deteriorated, and Paula became her primary caregiver, giving her love, encouragement, and cobbler.

"I had talked with my mom about CarePartners Hospice Services," says Paula. "She said, 'When the time comes, I really want to go over to Solace (the CarePartners Hospice inpatient facility).'"

That time did come, and Paula prepared for her mother to leave home and go to Solace. Paula says when they got there and Hospice staff came to the room, "they looked like a group of angels to me. I had been taking care of her and was just kind of worn out. I finally realized that CarePartners Hospice was going to allow me to be a daughter again."

Paula and Bella's experience with CarePartners Hospice was as good as it could possibly have been, but Paula was still left with the

devastating reality of having lost her mother. She was left with many decisions to make, but all she could do was cry. She turned to the CarePartners Hospice Bereavement

-Paula Gaddis department for help.

"My message to anyone is you do not have to face the death of your loved one alone," says Paula. "Very caring and capable people are waiting and willing to walk with you on this journey to find your new road. Grief affects every area of your life and all of your relationships. Part of you is gone. Our absent loved one wants us to go

forward and be stronger because of what they left in our lives."

As Paula's three-year-old granddaughter wisely observed, "Nana is not here. She is dead. But we will always have her in our hearts."

Bella's family asked for donations to be made to CarePartners Hospice in her memory. Your gift to CarePartners Hospice ensures that no one is ever turned away for care. Give today at www.carepartnersfoundation.org.



Paula Gaddis (middle) with her mother, Bella Sutton (left) and daughter, Amy Gaddis (right)



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2011 Grant Highlights

CarePartners Foundation makes grants to CarePartners Health Services and other community organizations to help support the health and well-being of people in Western North Carolina. Your generosity makes this possible. Thank you!

Preliminary grant highlights from the fiscal year that ended on September 30, 2011 include:

\$400,000 to CarePartners Health Services to provide care for uninsured and underinsured patients.

\$275,000 to CarePartners Hospice to ensure that all who need hospice care can receive it, regardless of their ability to pay.

\$30,000 to CarePartners Hospice for the inaugural year of the CarePartners Hospice and Palliative Medicine Fellowship program.

\$40,000 for staff and community scholarships.

\$15,000 to CarePartners Health Services for minigrants for needs such as:

- ◆ Specialized training for a bereavement counselor to care for people who have experienced trauma
- ◆ Purchase of an iPad and accessories for use as a communication device for people with speech disorders
- ◆ Equipment for Rehabilitation Hospital therapy and nursing
- ◆ Implementation of new CarePartners Balance For Life falls prevention program
- ◆ Materials for caregivers of people with Alzheimer's or other forms of dementia
- ◆ Promotion of patient, caregiver, and staff safety
- ◆ Equipment for a new treatment room in the Wheelchair Seating Clinic.

\$15,000 for the "You're Special" Fund to meet the needs of CarePartners patients who cannot afford the medications, equipment, and services they require in order to stay safely in their homes.

\$25,000 to the nursing program at Asheville-Buncombe Technical Community College from the Chat Norvell Nursing Faculty Endowment.

Income from investment dividends and rental properties also allows us to make grants in the community. This year over \$89,000 was given for support of other community organizations such as The Rathbun Center, United Way of Asheville and Buncombe County, YWCA of Asheville, YMCA of WNC, American Red Cross, Children's Welfare League, Asheville-Buncombe Technical Community College, The Eblen Charities, The ARC of Buncombe County, Meals on Wheels, MAHEC, and MANNA FoodBank.





CAREPARTNERS *Holidays for Hospice*

Remember.
Cherish.
Give back.



Memorial and Keepsake Ornaments Available October 1

Have a lovely pewter quilt square ornament sent to you or to someone else as a gift. Your donation to CarePartners Hospice will help provide care for families in Western North Carolina and the ornament will be a lasting symbol of someone special. The ornaments are handcrafted in Mt. Airy, North Carolina and each one bears a tag on which volunteers write the names of loved ones being honored or remembered. For more information, or to have an order form sent to you, contact Stephanie at (828) 277-4815 or sjones-byrne@carepartners.org.

Garden of Memories

Asheville Mall November 1- December 27

A contemplative, quilt-themed space in Asheville Mall. The garden features books listing the names of those remembered and honored through Memorial Ornaments. Located near the Dillard's Men's Store.



Leave the Gift Wrapping to Us

Asheville Mall November 25-December 24

Make a donation to CarePartners Hospice and let our Gift Wrap volunteers create beautiful packages for your family and friends. Gift Wrap is located near the entrance to Sears. Want to help wrap gifts? Contact Sharon Pearson at 828-277-4888 or spearson@carepartners.org. Thank you to the hundreds of volunteers who wrap gifts to support CarePartners Hospice!

Lots of Joy in a Little Package

Miniature Trees Delivered in December

Hundreds of tabletop trees will be decorated by local schoolchildren and civic groups and distributed to patients and clients of CarePartners Hospice, Rehabilitation Hospital, Home Health and Adult Day Services. Each year, we see faces light up upon receiving these little trees.

Milestones is a publication of
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828-277-6840

To speak with someone about CarePartners Health Services, including Hospice, Palliative Care, Inpatient and Outpatient Rehabilitation, Home Health, Private Duty, and Adult Day Services, please call 828-277-4800.

Shop to Support Hospice

Community Shopping Night
at Ten Thousand Villages to
benefit CarePartners Hospice
Bereavement Program

Thursday, December 1
5:00-8:00 p.m.

Get your holiday shopping done while supporting *two* good causes: Hospice and fair trade. Ten Thousand Villages provides vital, fair income to Third World people by marketing their handicrafts and telling their stories in North America. On December 1 from 5:00-8:00 p.m., Ten Thousand Villages will donate 15% of their sales to the CarePartners Hospice Bereavement Program.

Ten Thousand Villages is located at 10 College Street in downtown Asheville, next to Tupelo Honey.

For more information about Ten Thousand Villages call 828-254-8374 or visit www.tenthousandvillages.com. For more information about the CarePartners Hospice Bereavement Program, call 828-251-0126 or visit www.carepartners.org.



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