

# MILESTONES



Fall 2010

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## A New but Different Happiness

Bill Fieffer and the CarePartners Family

Whether caring for someone near the end of life or supporting those who have suffered a loss, CarePartners Hospice helps the people of Western North Carolina live fully through life's journey.

Bill Fieffer has learned to live more fully with the help of the CarePartners Hospice Bereavement Department. After his wife's death, a therapist who worked with her at the CarePartners Therapy Pool referred him to the Bereavement Department. He enrolled in Grief Education classes and individual counseling and recounts some of his experience:

"I cannot begin to articulate the benefit and relief I received from both the education on the process and the individual counseling. During my journey, I lost four additional family members; two brothers, a sister and a nephew."

Bill thought he would need one-on-one counseling forever, but was encouraged to try a grief

support group. Support groups allow people to process their grief with others who are going through similar experiences. Bill says, "I met between fourteen and twenty lovely people over the course of my grieving process and each has given me some pearl of wisdom or element of courage that has helped me to continue moving in a forward direction.

"I am slowly coming out of the darkness and pain of my grief through the association with other

grievers and the guidance and encouragement of the CarePartners Bereavement staff. I've also joined the grief choir and am benefiting from the

music therapy and lending my voice to other grievors in song...

"It's been over two years now since I lost my wife and I am beginning to re-invest in life and I see light at the end of my dark journey and possibilities for a new life and a new but different happiness. I couldn't have done it without the help of the CarePartners family...yes family, that's how I see them and feel about them."

*"I see light at the end of my dark journey and possibilities for a new life and a new but different happiness."*



Bill Fieffer thanks the CarePartners Hospice Bereavement Department for giving him tools and support to live more fully after the loss of his wife and four other family members.

Bill is never seen without a cap; this is one of his favorites and says "ROMEO: Retired Old Man Eating Out."

*Could you or someone you know benefit from Bereavement services? The CarePartners Bereavement Department provides free or low-cost counseling to anyone in Buncombe County grieving the death of a loved one. Call 828-251-0126 for more information.*

*The CarePartners Bereavement Department is supported by CarePartners Foundation, the United Way of Asheville and Buncombe County, the Joseph F. Mongovis Fund, and other generous organizations and individuals in the community.*

Festival of Trees Celebrates 25 Years

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If you're looking for a fun activity this holiday season, or a special way to remember a loved one, look no further than the CarePartners Hospice Festival of Trees.

New this year, the gorgeous and creative Designer Trees will be on display at the Biltmore Doubletree Hotel. The Memorial Garden and Gift Wrap will be at Asheville Mall.

This year marks the 25th anniversary of the annual Festival of Trees fundraiser for CarePartners Hospice. This signature event celebrates the winter holiday season while raising money to support end-of-life care and bereavement services for the people of Western North Carolina.



2010 Memorial Ornaments Available Now



*"Thank you for your hard work and dedication. I order these ornaments each year and they are so special to the families that receive them."*

*Belinda Cantwell*

We invite you to join Belinda Cantwell in this special tradition. Simply make a donation to the Hospice Festival of Trees Fund to request a lovely pewter ornament be sent to you or to someone else as a gift. The ornaments are handcrafted in Mt. Airy, North Carolina and each one bears a tag on which volunteers inscribe the names of loved ones being honored or remembered. For more information, or to have an order form mailed to you, contact Stephanie at (828) 277-4815 or sjones-byrne@carepartners.org. You may also download a form at our website, www.carepartnersfoundation.org.

Contact Us

Mailing Address:  
PO Box 25338  
Asheville, NC 28813

Physical Address:  
68 Sweeten Creek Road  
Asheville, NC 28803

Phone: 828-277-4815  
Fax: 828-277-4814

Volunteer Coordinator:  
828-277-4888 or 828-274-9567 x 8344

Hospice Treasures Resale Store:  
828-670-5638

Estate Sales: 828-777-0773 or  
828-277-6840

Email: foundation@carepartners.org

To speak with someone about CarePartners Health Services, including Hospice and Palliative Care, Inpatient and Outpatient Rehabilitation, Home Health, Private Duty, and Adult Day Services, please call 828-277-4800.

Festival Festivities

Biltmore Doubletree Hotel

The hotel is located at 115 Hendersonville Road, Asheville NC. Donations to CarePartners Hospice are appreciated, but there is no fee for admission.

Designer Trees on Display Nov. 24-28

Come see the gorgeous and creative Designer Trees in our new location in the Biltmore Doubletree Hotel. Please visit our website for a list of tree designers and sponsors.

Milk and Cookies with Santa Nov. 27

10 a.m.-2 p.m. A chance for children to visit with Santa and enjoy some milk and cookies.

Holiday Concert Nov. 28

2 p.m. CarePartners Choir featuring community members participating in the CarePartners Bereavement program.  
3 p.m. "Harp & Bass" featuring Michelle Bonn on harp and Steve Jamesson on bass.



Asheville Mall

The Asheville Mall is located at 3 South Tunnel Road, Asheville NC.

Memorial Garden Nov. 1- Dec. 27

A contemplative space in Asheville Mall. The garden, created this year by Warren Fluharty Designs, features books bearing the names of those remembered and honored through Memorial Ornaments. Located near the Dillard's Men's Store.

Gift Wrap at Asheville Mall Nov. 26-Dec. 24

Bring us your gifts and we'll wrap them beautifully for a donation to Hospice. Gift Wrap is located near the entrance to Sears. Want to help wrap gifts? Contact Sharon Pearson at 828-277-4888 or spearson@carepartners.org. Thank you to the hundreds of volunteers who devote their time to wrapping gifts!



Spreading Holiday Cheer

Tabletop Trees for Patients Decorated by Local Schoolchildren

Over 500 tabletop trees are being decorated by local schoolchildren and civic groups this year. These trees are distributed to patients in CarePartners Hospice, Rehabilitation Hospital, Home Health and Adult Day Services. They bring joy to the hearts of many people who are experiencing difficulties this holiday season.

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CHANGE SERVICE REQUESTED



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## Hospice Treasures Resale Store & CarePartners Estate Sales



*This happy shopper loves the bargains at Hospice Treasures.*

**Hospice Treasures Hours**  
Monday-Saturday 10 a.m.-5 p.m.

### Estate Sales Dates

9 a.m. - 5 p.m.  
November 4, 5, 6  
November 18, 19, 20  
Holiday Tag Sale Nov. 26 & 27  
December 2, 3, 4  
December 16, 17, 18  
Clearance Sale Dec. 29  
Visit our website for 2011 dates

You can be sure you'll find smiling faces and friendly people...what other treasures will you discover?

*Estate Sales Manager, Brent Wyatt, and volunteer, Barbara Plemmons, welcome you to the Estate Sales showroom.*



*Volunteer Donna Sensing shows off some accessories from Hospice Treasures.*

### Location

Hospice Treasures and the CarePartners Estate Sales showroom are located 1/4 mile east of Biltmore Village in Asheville Commons at 105 Fairview Road, Asheville, NC 28803.

To get the latest information about sales at CarePartners Estate Sales and Hospice Treasures delivered to your inbox, sign up for our e-newsletters at [www.carepartnersfoundation.org](http://www.carepartnersfoundation.org). Click the link for "E-news Sign-up" on the left hand side of your screen.