

MILESTONES



Spring 2009

a publication of CarePartners Foundation

Vol. 4, No. 1

CarePartners Rehabilitation Hospital Expansion Opens



The CarePartners Rehabilitation Hospital Expansion. On the left is Owen Hall, a new wing with 17 private patient rooms. On the right is the Andrew Therapy Pavilion. Notice the reflection in the windows of the Therapy Pavilion—this is the original building on the CarePartners campus, built in the 1920's.

If you haven't been to the CarePartners campus in a while, you might not recognize it now. You will see some familiar sights—the rock mansion that was built in the 1920's, the tall pines and plentiful rhododendrons. And you'll also see that CarePartners Rehabilitation Hospital has grown. A lot.

In January patients started using the new Dewey & Susan Andrew Therapy Pavilion. This 2,500 square foot space features a skylight, walls of windows, and soaring ceilings. It is a bright, inspiring place to do the hard work of physical therapy.

Also new is the Charles D. Owen, Jr. Family Hall. This new wing adds 17 private patient rooms, a spacious family room, and two outdoor patios. The walls are graced by artwork by Sallie Middleton and Jonas Gerard.

*Thank you!
To the many individuals,
businesses, and
foundations that donated
to the CarePartners
Rehabilitation Hospital
Expansion. We couldn't
have done it without you!*

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Chat Norvell retires, sort of ...



In January, Chat Norvell retired after 25 years as CEO of CarePartners Health Services. He will now play a more active role as President of CarePartners Foundation. To recognize his service, the Board named the administration building in his honor, and established the Norvell Nursing Faculty Endowment.



[left to right] Barbara Cansler, Lanier Cansler (North Carolina Secretary of Health and Human Services, Former CarePartners Health Services Board Chair), Susan Andrew, and Dewey Andrew (CarePartners Foundation Board Member) celebrate Chat Norvell's retirement on January 16, 2009.

Who will teach the nurses?

Norvell Nursing Faculty Endowment Addresses Nursing Shortage

You've heard the statistics. Nursing jobs are plentiful, but there aren't enough people to fill the jobs. Then why are prospective nursing students being turned away?

The need for nurses is growing faster than for any other occupation. But many nursing programs just don't have the nursing faculty they need to train the next generation of nurses.

You can make a difference! Join with CarePartners Foundation to support nursing faculty through the Norvell Nursing Faculty Endowment. The Endowment supports the nursing program at Asheville-Buncombe Technical Community College.

The Norvell Nursing Faculty Endowment will help:

- recruit and retain high quality nursing faculty members;
- expand the capacity of A-B Tech's nursing program;
- graduate more nurses to meet the current and future healthcare needs of Western North Carolinians.

To make a donation, visit us online or send a check to CarePartners Foundation, PO Box 25338, Asheville NC 28813.

Thanks to the Following
Sponsors of the Norvell
Nursing Faculty Endowment

Asheville-Buncombe Technical
Community College

Bowers, Ellis & Watson, P.A.

Gary & Nancy Bowers

Colton Groome & Company

The Laurels of GreenTree
Ridge & Summit Ridge

Mission Health System

Roberts & Stevens, P.A.

Wachovia Bank

CarePartners Foundation Launches New Website



Check out our new look! Visit www.carepartnersfoundation.org to learn more about:

- How Your Contribution Helps the Community
- Making Secure Online Donations
- Volunteering
- Special Events
- Hospice Treasures Resale Store
- And More!



“Strong Stuff”

Spotlight on CarePartners Hospice supporters
Magie Williams and David West

“Strong stuff.” That’s how one of the nurses David West calls “angels” described what goes on at Hospice, and David couldn’t agree more. David’s involvement with Hospice began with the Festival of Trees. He and his shop, Gudger’s Flowers, participated for several years, designing up to three trees a year. But it was meeting Magie Williams after the death of her son that brought the power of Hospice care into focus for him. She encouraged him to start Gudger’s nearly twelve-year practice of providing bud vases to brighten the rooms of Solace patients.

Loss, Friendship and Giving Back

Magie’s son Rich’rd died in November of 1995. Thanks to Hospice, he was able to die at home with his mother at his side. She is visibly moved when describing this time and the care and support she and Rich’rd received. “It was just a hard but a wonderful experience for me...I can’t praise them enough...there’s just not enough praise that you can give Hospice.”

Magie came to Gudger’s to buy flowers for Rich’rd’s funeral. From this chance encounter, a friendship was formed and Magie has been working at Gudger’s part-time since 1996. In addition to inspiring David to send bud vases to Solace, Magie has devoted her own time and talent to CarePartners Hospice since that time. She has worked at Hospice Treasures, at the front desk at Solace, and on several fundraisers including the Festival of Trees, for which she is a dedicated and prolific designer. She usually decorates three trees for the annual event: one for the Asheville Order of the Amaranth; one with the Smokey Mountain Red Hatters; and one in memory of her son. The tree in Rich’rd’s memory always reflects something he loved. Bruce Smith, a dear friend who she describes as “one of her adopted children” helps with the elaborate designs. Magie already has the ornaments for this year’s tree, inspired by the Wizard of Oz.



Magie’s “Phantom of the Opera” tree, inspired by her son Rich’rd’s love of the musical.



David West and Magie Williams of Gudger’s Flowers credit powerful experiences with Hospice as the reason they want to give back.

Connecting through Flowers

David says of his practice of giving flowers, “it makes my heart feel good.” It has also allowed him to connect to people who, even as they face the end of life, have encouraged him to live more fully. One patient named Bertha became very special to him. Bertha passed her time at Solace with crafts and asked Gudger’s for craft supplies like floral tape and wire. David obliged and in return received several crafted items including a bucket with beach sand and sea shells—a “portable vacation.” One week, the delivery person reported back that Bertha was no longer at Solace and, after initial panic, David was pleased to learn she had improved somewhat and gone home. David continued to send flowers to her there. This went on for some time without Bertha and David ever meeting until she called him one day and told him now was the time. David proceeded to visit with her several times over the last few days of her life. David reflects, “Bertha really touched my life; and I think I did hers.”

Last year, Gudger’s donated a funeral spray for a Solace patient named Helen. She had no family and when she passed away, a flower was found lying on her chest, taken from one of David’s bud vases.

Sharing the Holiday Spirit

Thank you to everyone who participated in our annual Festival of Trees fundraiser!

Thanks to the hard work of our volunteers and generosity of individuals and local businesses, CarePartners Foundation received more than \$101,000 to benefit CarePartners Hospice and Palliative Care Services in 2008! We'd like to extend special thanks to our Tree Sponsors and our volunteer Tree Designers, Gift Wrappers, Organizing Committee and Memorial Ornament Team. You are an inspiration! For a list of the 2008 Tree Designers and Sponsors, visit the Special Events page of our website: www.carepartnersfoundation.org.



Patient Peggy Saylor enjoys a festive miniature tree in her room at the Rehab Hospital. One of about 500 trees decorated by area children for Festival of Trees, Peggy's tree was decorated by a class at Barnardsville Elementary School. Peggy is reading letters written by students in the second grade class.



A flurry of activity as Brownie Troop #110 delivers their festively decorated miniature trees to the Solace Center. Two proud Brownies show off their work before heading off to sing carols to patients.



Members of the Carolina Mountain Woodturners hand-turn each of the beautiful ornaments that adorn their tree. They have participated in the Festival of Trees for 5 years.



One of five gardens of designer trees displayed at Asheville Mall during November. Volunteers decorate the trees and donate the ornaments. Visitors enjoy the trees until they are delivered to their sponsors in December.

Nearly 1,000 people donated more than \$57,000 to honor and remember loved ones with memorial ornaments.





2008 Chunn's Cove Spring Horse Show.
Photo copyright and courtesy of Natasha Douglas
Photography, www.photosbynat.com

NEW!
*Mustang Car Show
on Saturday!*

More Horsepower for Hospice

Get ready for the Chunn's Cove Horse Club's 11th Annual Spring Horse Show benefiting CarePartners Hospice. The Horse Club has donated more than \$70,000 to benefit CarePartners Hospice over the last 10 years. This year's show takes place Friday and Saturday, March 20 and 21 at the WNC Agricultural Center. For more information or to sponsor the 2009 show, contact Bev Taylor, Horse Show Chairperson, at (828) 423-5560 or visit www.chunnscovehorseclub.org.

New this year, the show horses and their riders will be joined by their mechanical cousins and their drivers to delight families and raise money for Hospice. Members of the Blue Ridge Mustang Club of Asheville will display their Mustangs in the parking lot on Saturday.



2008 Mustangs for Hospice Pony Run and Car Show. Photo courtesy of Blue Ridge Mustang Club of Asheville, Dennis Watson, photographer.

Chunn's Cove Horse Club 2009 Spring Horse Show

Friday and Saturday, March 20 & 21

WNC Agricultural Center

1301 Fanning Bridge Road

Admission is \$6 per person

Friday, March 20th

HORSE SHOW begins at 6:00 p.m.

Saturday, March 21st

CAR SHOW from 11 a.m. to 6 p.m.

HORSE SHOW begins at 5:00 p.m.



Hospice Treasures

Biltmore Square Mall, Asheville

Spring Cleaning?

Donate to Hospice Treasures and support CarePartners Hospice!

Always accepting gently used:

- Household items
- Books
- Collectibles
- Videos & CD's
- Furniture
- Stereos and small electronics in working condition
- Clothing

Store Hours

*Now open Monday 10 a.m. - 3 p.m.

Tuesday 10 a.m. - 5 p.m.

Wednesday—Saturday 10 a.m. - 7 p.m.

Closed Sunday

Drop off during these hours or call to schedule pick-up.

828-670-5638

Proceeds benefit CarePartners Hospice. Tax receipts provided.

CarePartners Foundation and CarePartners Hospice Foundation

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To speak with someone about CarePartners Health Services, including Hospice, Inpatient and Outpatient Rehabilitation, Home Health, and Adult Day Services, please call 828-277-4800.

Volunteer Coordinator:

828-277-4888 or 828-274-9567 x 8344

Hospice Treasures Resale Store:

828-670-5638

Email: foundation@carepartners.org

Web: www.carepartnersfoundation.org

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CHANGE SERVICE REQUESTED

**Chunns Cove Horse Club
Spring Horse Show
to benefit
CarePartners Hospice
March 20 - 21
WNC Agricultural Center**



Horse Show
Details on
page 6!

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The new expansion of CarePartners Rehabilitation Hospital features a 2,500 square-foot physical therapy pavilion with floor-to-ceiling windows. See page 1 for details.



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