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Spotlight on...

Jack Nichols

**CarePartners volunteer, caregiver,
patient, and donor**

Chances are, if you're visiting the Hospice Solace center on a Friday, you'll see Jack Nichols, 80, and his dog, Nikki. Jack has been a Hospice volunteer for 5 years, and has many deep connections to CarePartners. Jack and Nikki, who is a trained pet therapy dog, come to Solace to visit with patients and their families. "People can relate to the dog," he says. "It makes them feel better, helps them calm down and get their mind off their problems."

Jack was inspired to become a Hospice volunteer after the death of his wife, Pat, in 2001. In 1997 Pat had a stroke. She came to CarePartners Rehabilitation Hospital for her recovery, and later received care at home through CarePartners Home Health. At the end of her life, she received care from CarePartners Hospice. A few months after she died, Jack decided to "give back to Hospice, to give of myself."

Jack also works one-on-one with Hospice patients who are veterans. He fought in WWII, Korea, and Vietnam during his 28 years of service in the U.S. military. His vast experience in the military gives him a unique ability to connect with veterans of all ages. "People like to talk about their experience," he says. "Many times I had been in the same place they were."

In addition to his volunteer work with



Jack Nichols

Hospice and Meals on Wheels, Jack is a devoted hiker. He hikes two or three miles every day with his wolf, Tom. His ability to hike was interrupted, however, when he fell off a ladder at his house last year. Thankfully, despite his serious injuries, he was able to call 911. After the accident, Jack spent almost a month at CarePartners Rehabilitation Hospital. Recalling his experience he says, "They taught me how to walk again. It was really amazing." Jack went home and continued to receive physical therapy from CarePartners Home Health. He is now back on his regular hiking routine, and is as active as ever.

Jack is also a donor to Hospice. He makes donations in memory of Pat and of the patients he has known, and was a contributor to the capital campaign for the new Solace building.

"It's all about receiving the care and giving the care," Jack says.

***"I decided to give
back to Hospice,
to give of myself."***

Milestones is a publication of
CarePartners Foundation

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If you would like to speak with someone
about Hospice and Palliative Care services,
please call the Hospice administrative office:
828-255-0231.

**Ladies and gentlemen, start your engines!
Mustangs for Hospice Pony Run**

What do you get when you put together a beautiful fall day with over 100 Ford Mustangs? A great ride and a great fundraiser for Hospice! Joe Grace, manager of Hospice Treasures resale store in Biltmore Square Mall, organized the Mustangs for Hospice Pony Run, which raised nearly \$5,000 for CarePartners Hospice. Mustang aficionados gathered on the morning of October 14, 2006 in Asheville, lined up their cars and enjoyed an 80-mile ride through the scenic mountains of Western North Carolina. After the ride, participants enjoyed lunch from Ruby's Barbeque as they examined each other's cars. Many thanks to everyone who supported the ride.



To see more photos from the event, please visit www.carepartnersfoundation.org and click on "special events."

Cars revved up and ready to roll at the first annual Mustangs for Hospice Pony Run, which raised nearly \$5,000 for CarePartners Hospice.

**The Mongovis Legacy:
Supporting Bereaved Children and People in Need**

During his lifetime, Joseph F. Mongovis supported many local non-profit organizations. Working with the Community Foundation of Western North Carolina, Mr. Mongovis established a fund that continues to support these organizations, even after his death in 1998. We are grateful to the Joseph F. Mongovis Memorial Fund for the following grants received in 2006:

\$5,500 for the children's grief program of CarePartners Hospice—to ensure that all children in Buncombe County who are grieving the death of a loved one can receive bereavement counseling free of charge.

\$5,500 for the "You're Special" Fund of CarePartners Foundation—to help keep CarePartners patients living safely at home. During certain crisis situations, the fund can be used to obtain needed items, such as durable medical equipment and prescription drugs.

CarePartners Foundation is a tax-exempt 501(c)(3) organization. Financial information about CarePartners Foundation may be obtained by writing to us. If you wish to be removed from our mailing list, please write to us.

Save the Date!
CarePartners Foundation presents:
**Reducing Income Taxes
and
Eliminating Estate Taxes**
January 23, 2007 at 11:15 a.m. For more information call Carol Copeland at 828-274-6159.

**Thank you to the many individuals, groups, and businesses who make
Festival of Trees possible!**

Tree Designers

- Alpha Delta Kappa - Alpha Epsilon Chapter
- Asheville Court #1 Order of the Amaranth
- Asheville Dance Theater
- Johnnie & Ray Bailey
- Beta Sigma Phi Xi Omega
- Biltmore Company Floral Department
- Aileen Buckner & Maude Hall
- Buncombe County Child Care Services
- Flo Carlisle
- Carolina Mountain Woodturners
- Complements to the Chef
- Enka Middle School "We Care" Team
- Dan Foy: Mountain Breeze Landscaping
- Roxanne Frue: roxiecate
- Giftcrafts of Black Mountain
- Girl Scout Troop 58
- Girl Scout Troup 96
- Girl Scouts PC JAWS Service Unit
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- Locust Grove G.A.'s
- Deanna Lutz & John Lutz
- Jo & Ray Marple
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- Milkco Employees
- Christine Moody
- Janice Moore & Joyce Luther-Ball
- Office Environments
- Kristie Quinn
- Barb Saunders
- Bruce Smith
- Smokey Mountain Red Hatters
- Margaret Sweet
- Town and Country Realty
- Maria Weisenberger
- Magie Williams
- Charlene Worley, Amber Davis & Family
- Glenda Wyatt & Brent Wyatt

Lists are current as of November 1, 2006

This year's Memorial Ornament is a beautiful pewter tree, handcrafted in North Carolina. To order an ornament, please call 828-277-4815 or visit our website www.carepartnersfoundation.org.

Festival of Trees Planning Committee

- Ruth Bauerlein: Memorial Ornaments
- Sandy Boyd: Gift Wrap Volunteers
- Karen Killian: Gift Wrap Logistics
- Judy McCracken: Memorial Trees Garden
- Evelyn Moore: Small Trees
- Kristie Quinn: Tree Designers
- George Suggs: Logistics

Tree Sponsors

- 21st Century Oncology
- Aston Park Health Care Center, Inc.
- Bank of America
- BB&T
- Mrs. Ruth M. Bauerlein
- Biltmore Oil Company, Inc.
- Biltmore Press
- BorgWarner Turbo Systems
- Boys, Arnold & Company, Inc.
- Cancer Care of WNC, P.A.
- Corporate Express
- Goosmann & Rose, P.A.
- Endodontic Specialists
- Groce Funeral Home
- Hope - A Women's Cancer Center
- Insurance Service of Asheville
- Iwanna, Inc.
- Klingspor's Woodworking Shop
- Law Office of Cynthia A. Strom
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- Mostly, Inc.
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- Owen Manufacturing - a Subsidiary of Springs Global US
- PSA Clinic Pharmacy
- S & S Video Concepts
- Silver-Line Plastics Corporation
- Sonopress LLC
- Swannanoa Firefighters
- Volvo Construction Equipment
- West Family Funeral Services
- Tower Associates/Wilcox Travel
- WOXL Oldies 96.5



Change Service Requested



Ask Scott About...

CarePartners Hospice Foundation's Festival of Trees 2006

What is Festival of Trees?

Festival of Trees is the largest fundraiser held each year to benefit CarePartners Hospice. During the past four years, over \$400,000 has been raised for Hospice through Festival. CarePartners Hospice currently serves between 160–170 patients each day. Our ability to offer compassionate care to all who need Hospice is dependent on the funds raised through this annual holiday celebration. We give our thanks to the many people who volunteer their time to make this possible!



Where is this year's Festival of Trees?

The Asheville Mall.

What happens during Festival of Trees?

There are five main parts of Festival:

■ Designer Trees:

Volunteer designers plan all year to create a theme for their tree. Each designer supplies the materials to decorate the tree, and spends countless hours preparing the tree for display.

■ Tree Sponsorships:

Area businesses and individuals donate at least \$600 each to sponsor a tree. Some trees are delivered to the business or other location in the beginning of December. Other trees will remain on display through Christmas Eve.

■ Memorial Ornaments:

Each year over a thousand people make a contribution for an ornament in memory or honor of a loved one. Volunteers write each name on a tag attached to the ornament, and send the ornaments out to people's homes. Volunteers also write each name on a paper ornament, to be displayed in the Memorial Tree Garden at the mall.

■ Gift Wrap:

Gift wrapping is available at the mall from November 24-December 24. Volunteers wrap gifts for shoppers in exchange for a donation to Hospice.

■ Little Trees:

Each year students at local schools decorate small trees. These trees are the perfect size for a tabletop, and are given to patients who are in CarePartners Hospice and CarePartners Rehabilitation Hospital during the holidays. This year a record 384 trees will be decorated by students from 34 schools and 2 4-H groups.

(Left) Bethany Brown decorating the "Art Dolls in the Snow" tree designed by Maria Weisenberger at this year's Festival of Trees.